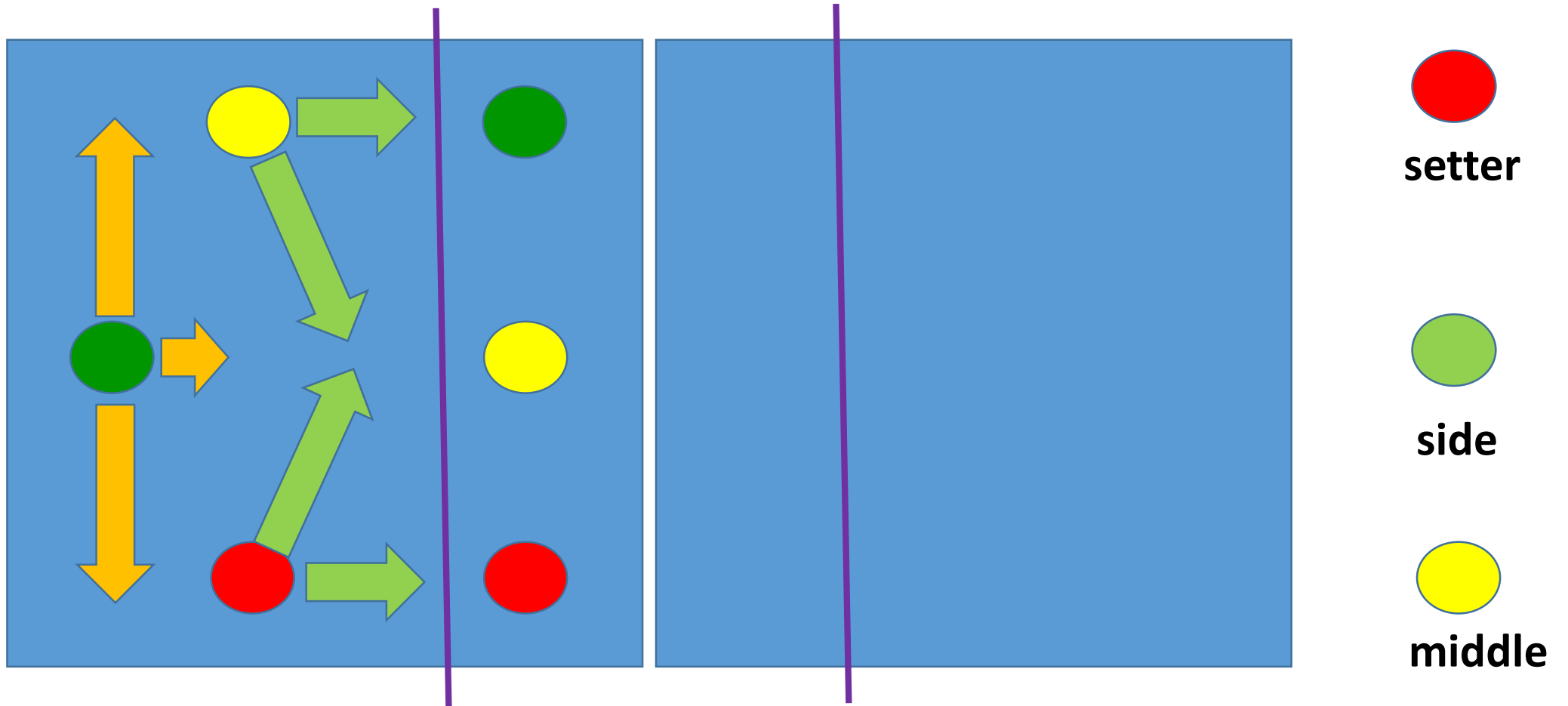# PSI Volleys

Our playing system

Reception

- The reception is done exclusively by the backside players 5, 6, 1

- Because the motion is a delay in the playing, the reception should be done with high balls – as high as the gym allows …

Positions – defence and reception
(after first reception of the service)
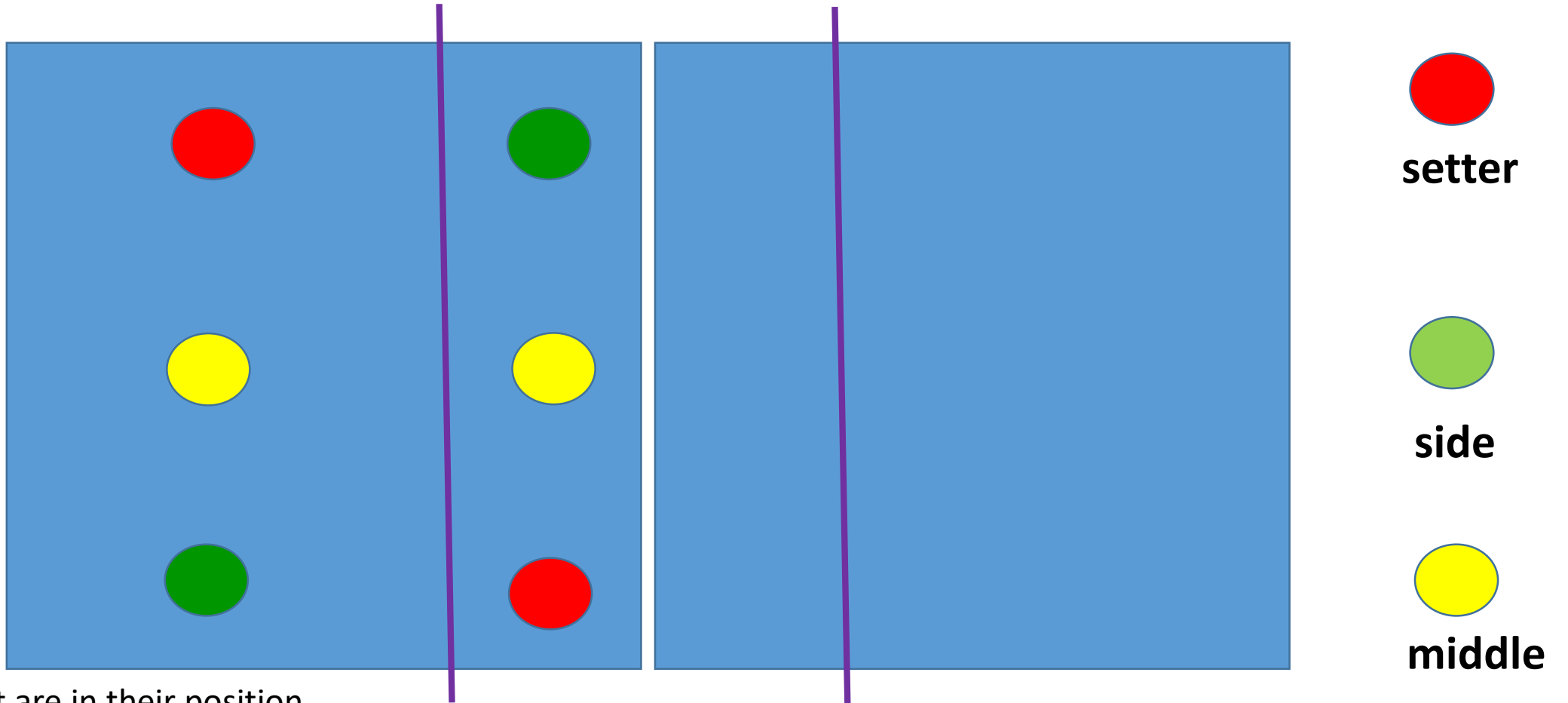

setter

side

middle

Reception line depend on the service, the stronger the service is the further the line is.
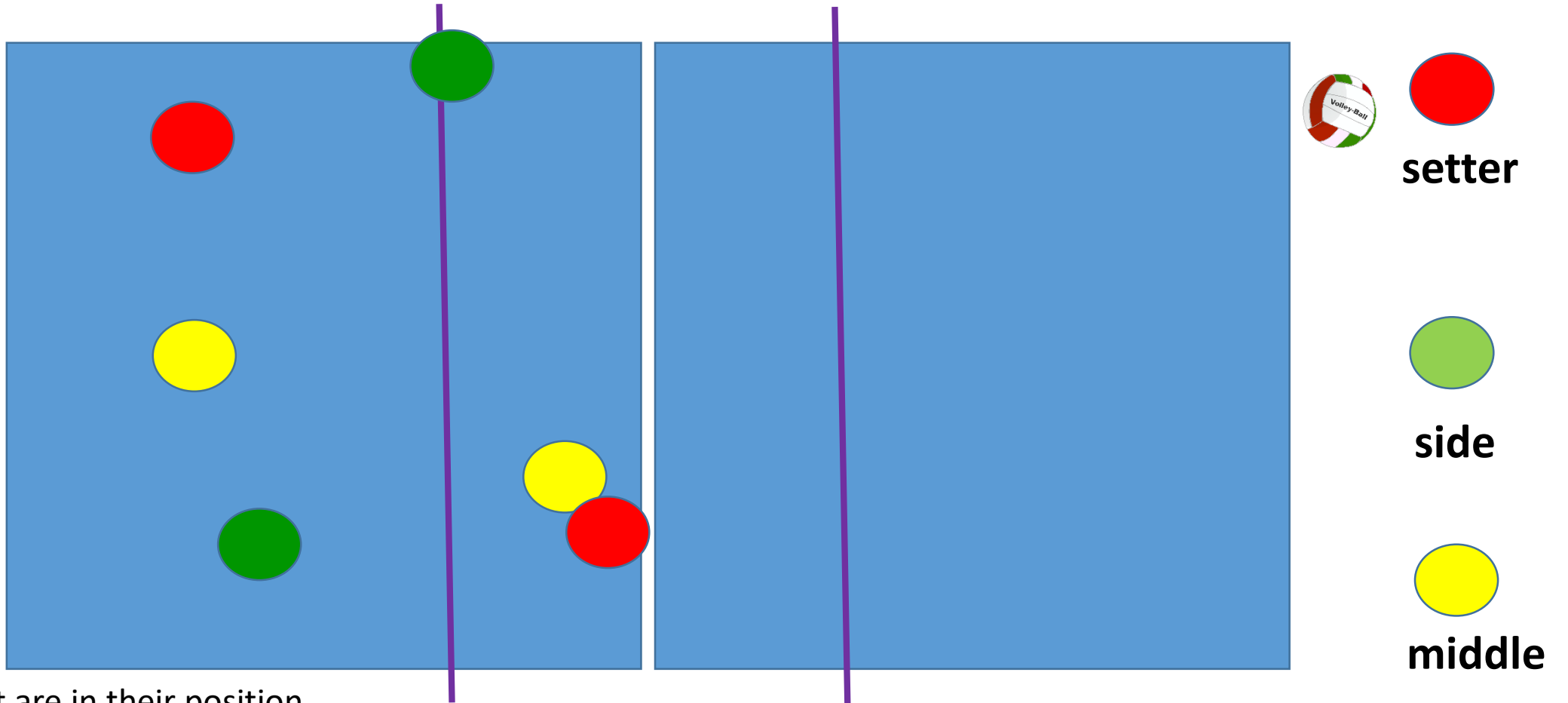"Reception line" is actually a part of circle
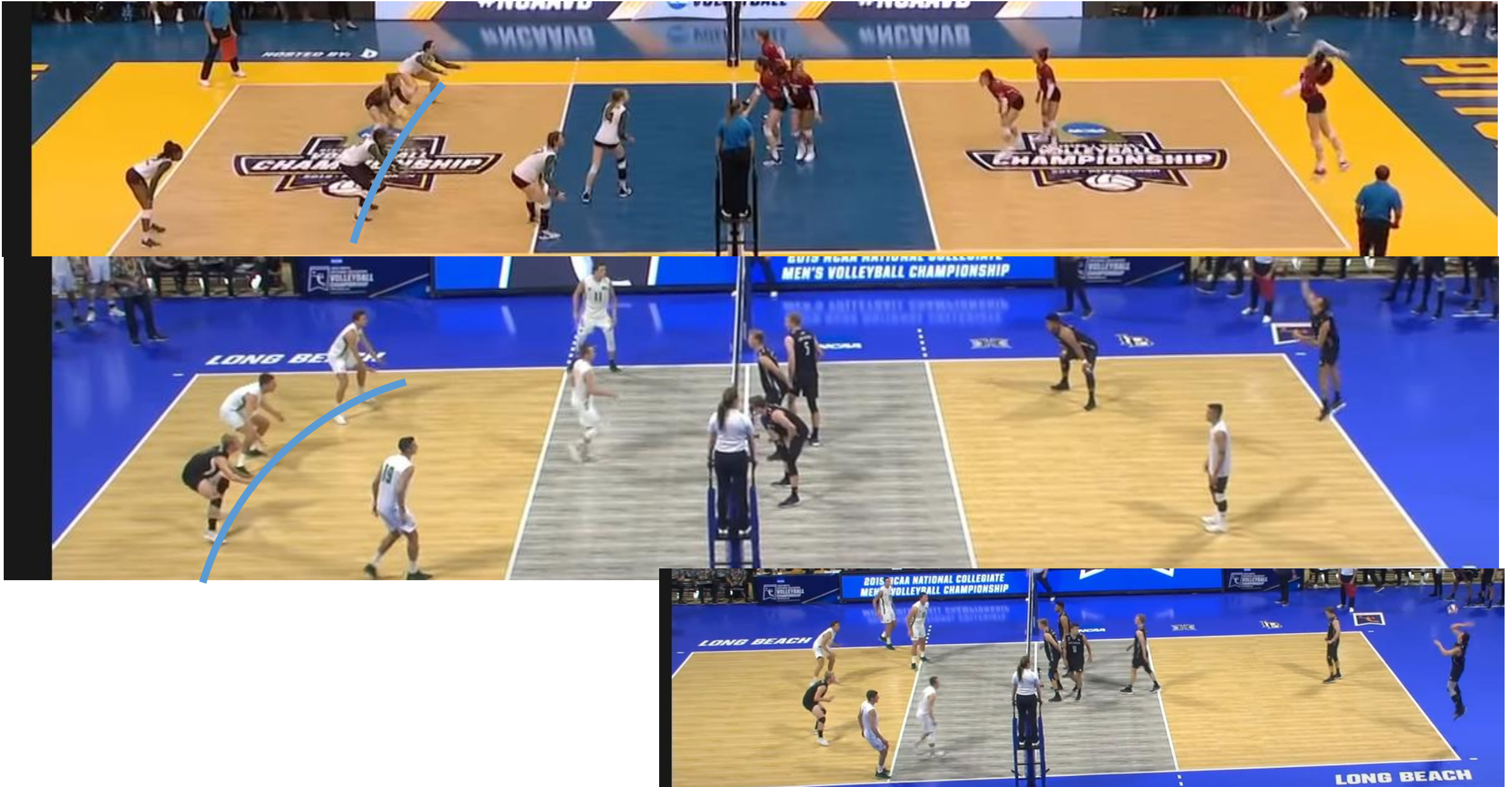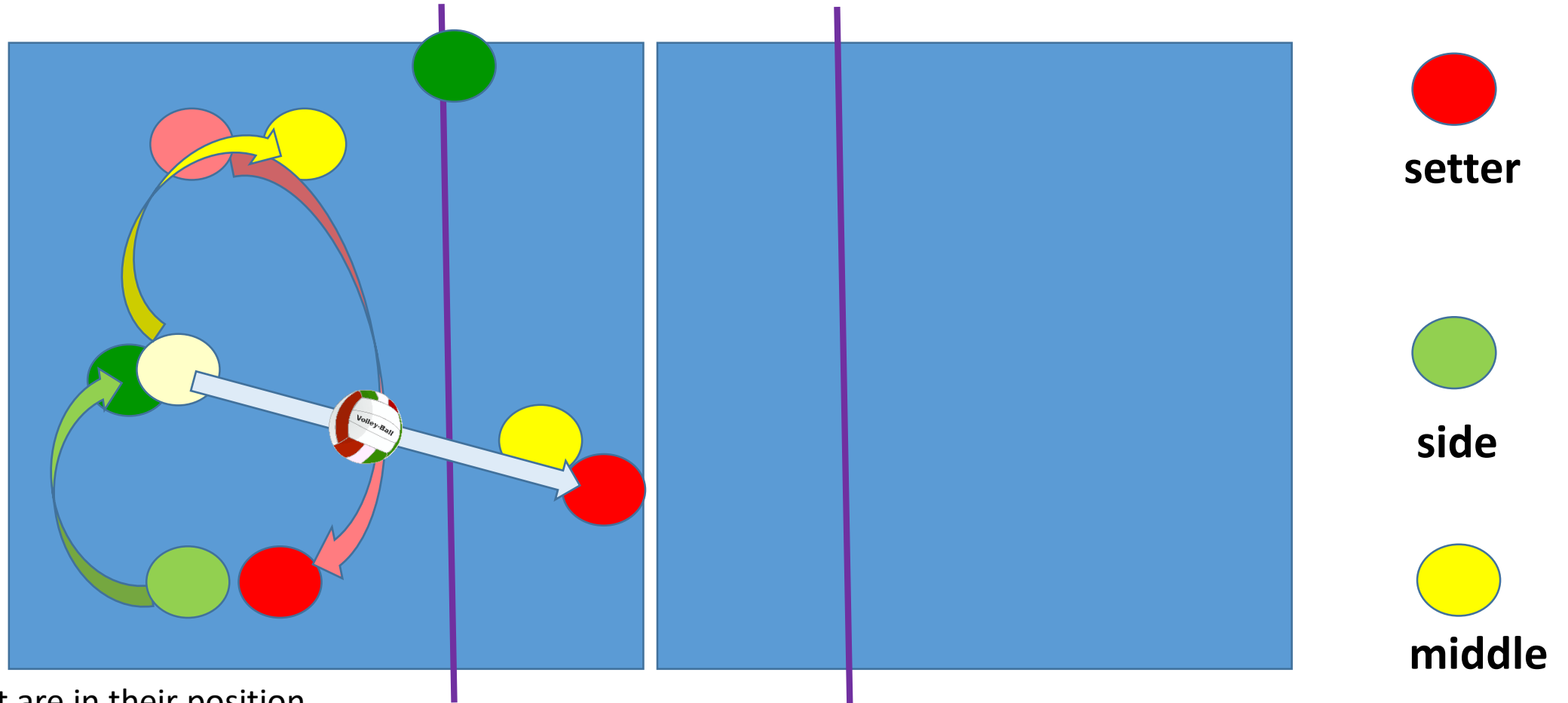
Positions – standard positions

All players at the net are in their position.

setter

side

middle

Positions – real positions
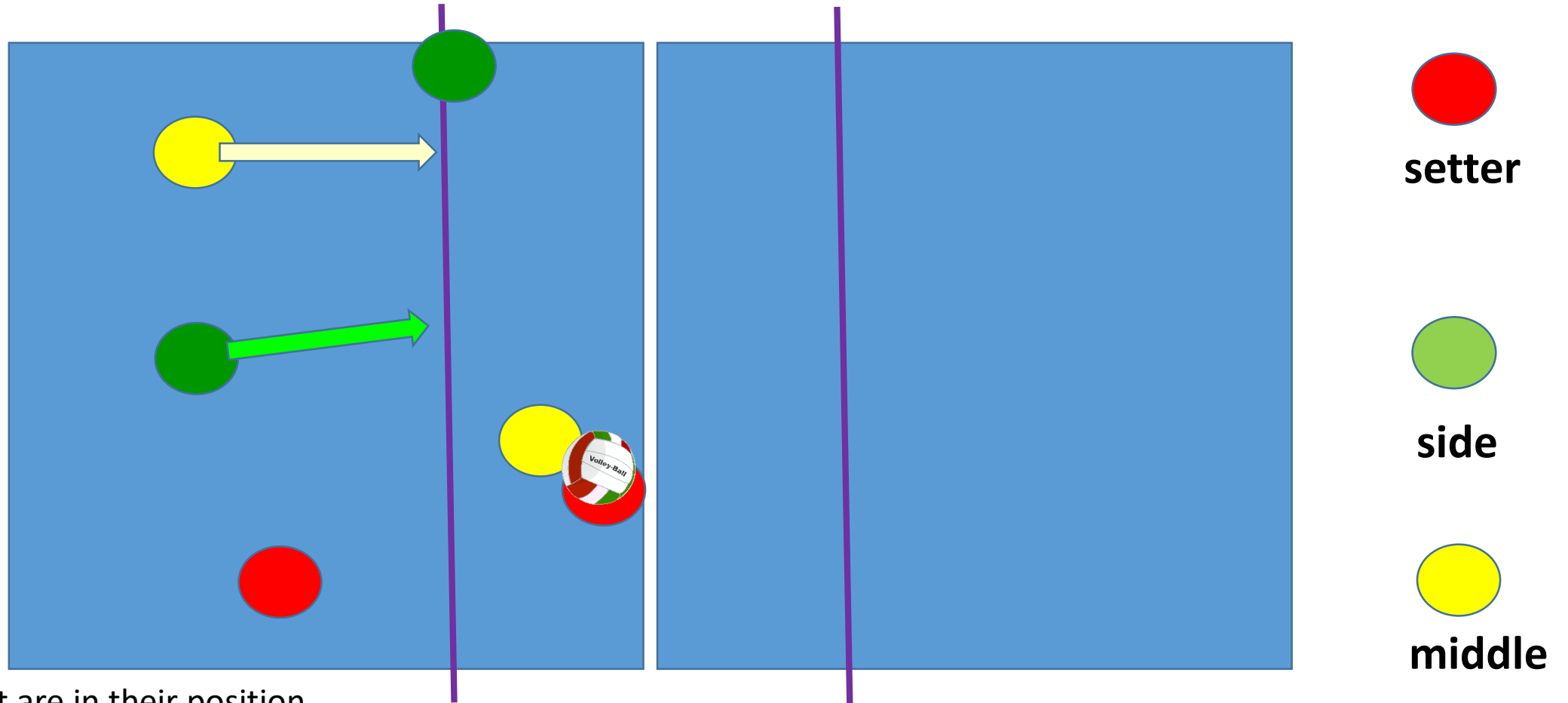

setter

side

middle

All players at the net are in their position.

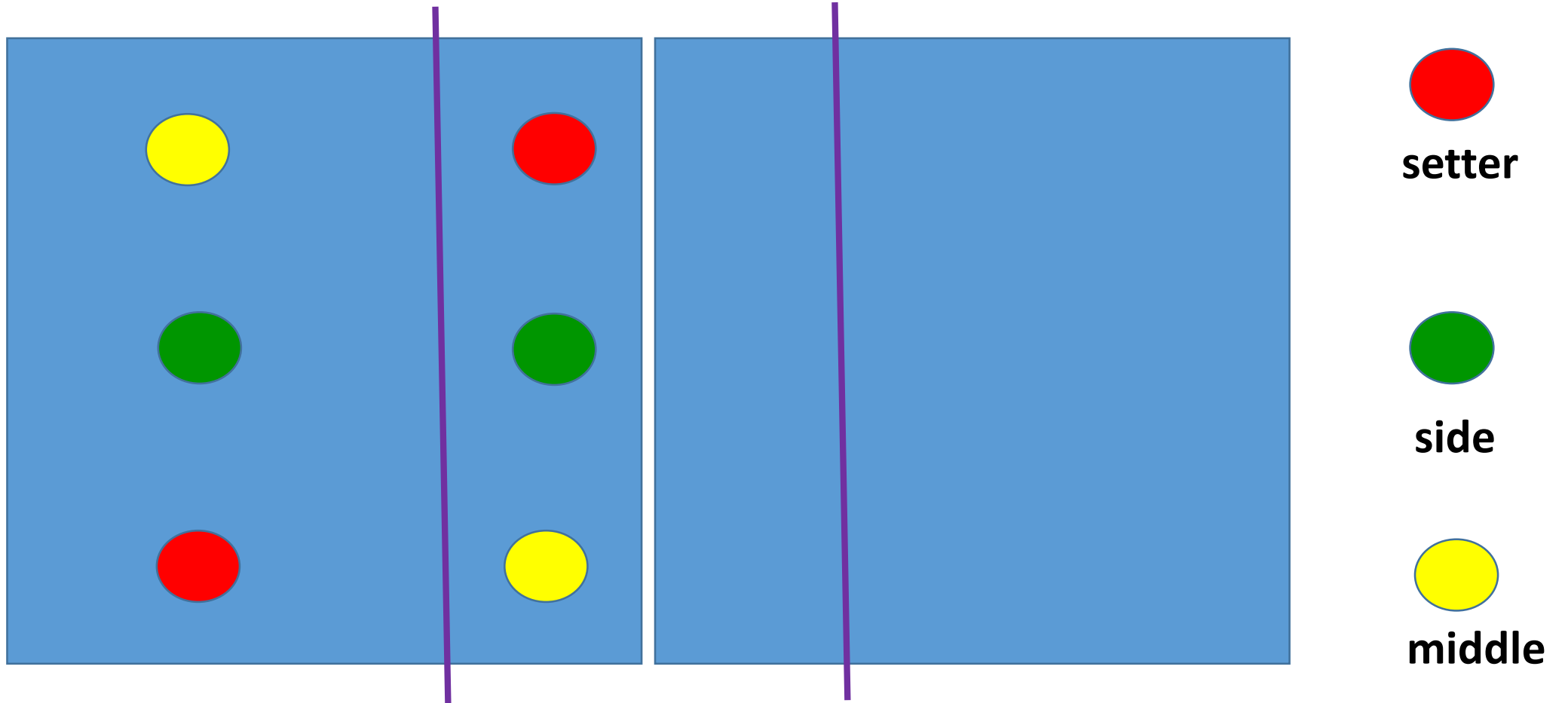# Positions – rotation od the back line after reception

All players at the net are in their position.

setter

side

middle

Positions – covering of the blocked attack

All players at the net are in their position.

setter

side

middle

Positions – standard positions
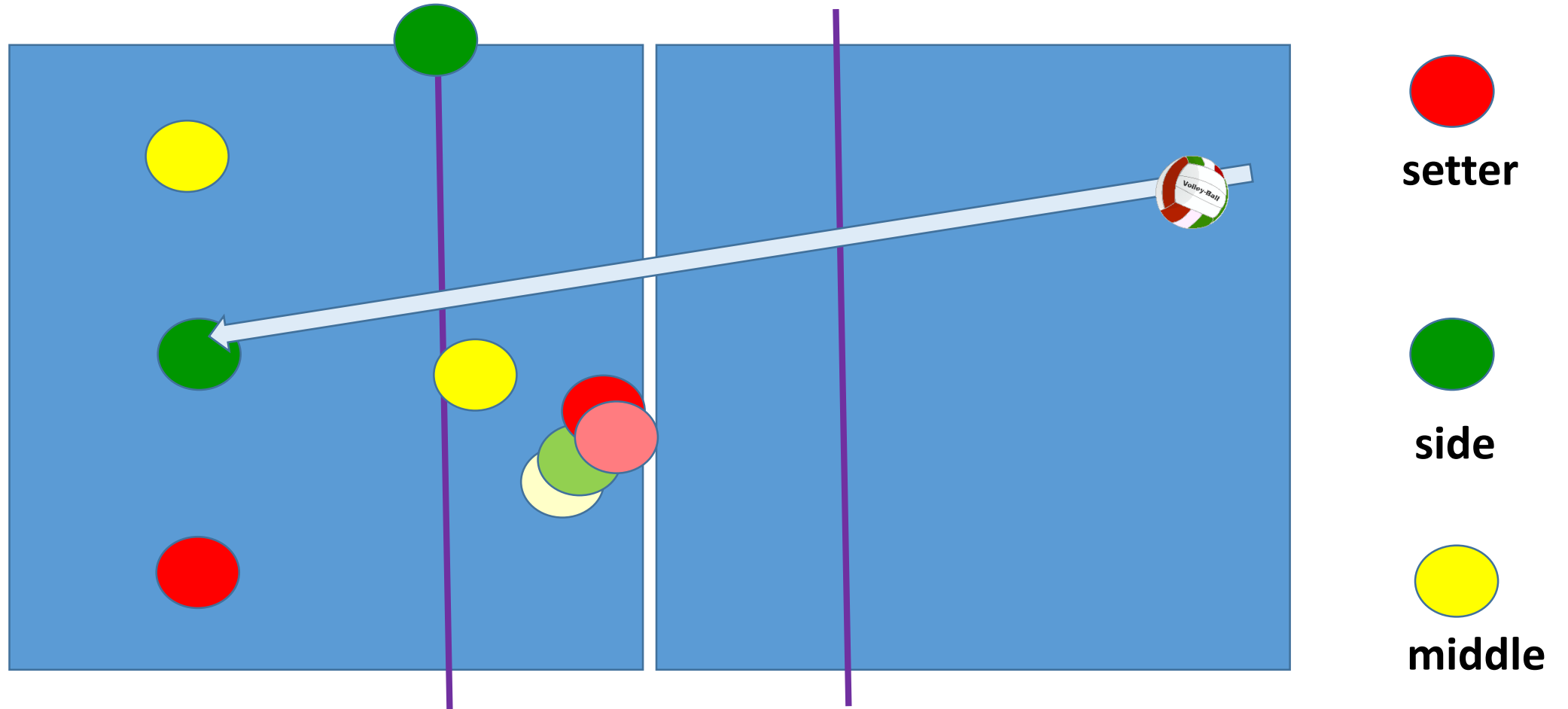

setter

side

middle

Positions – real positions

Positions – rotation od the front line immediately after service
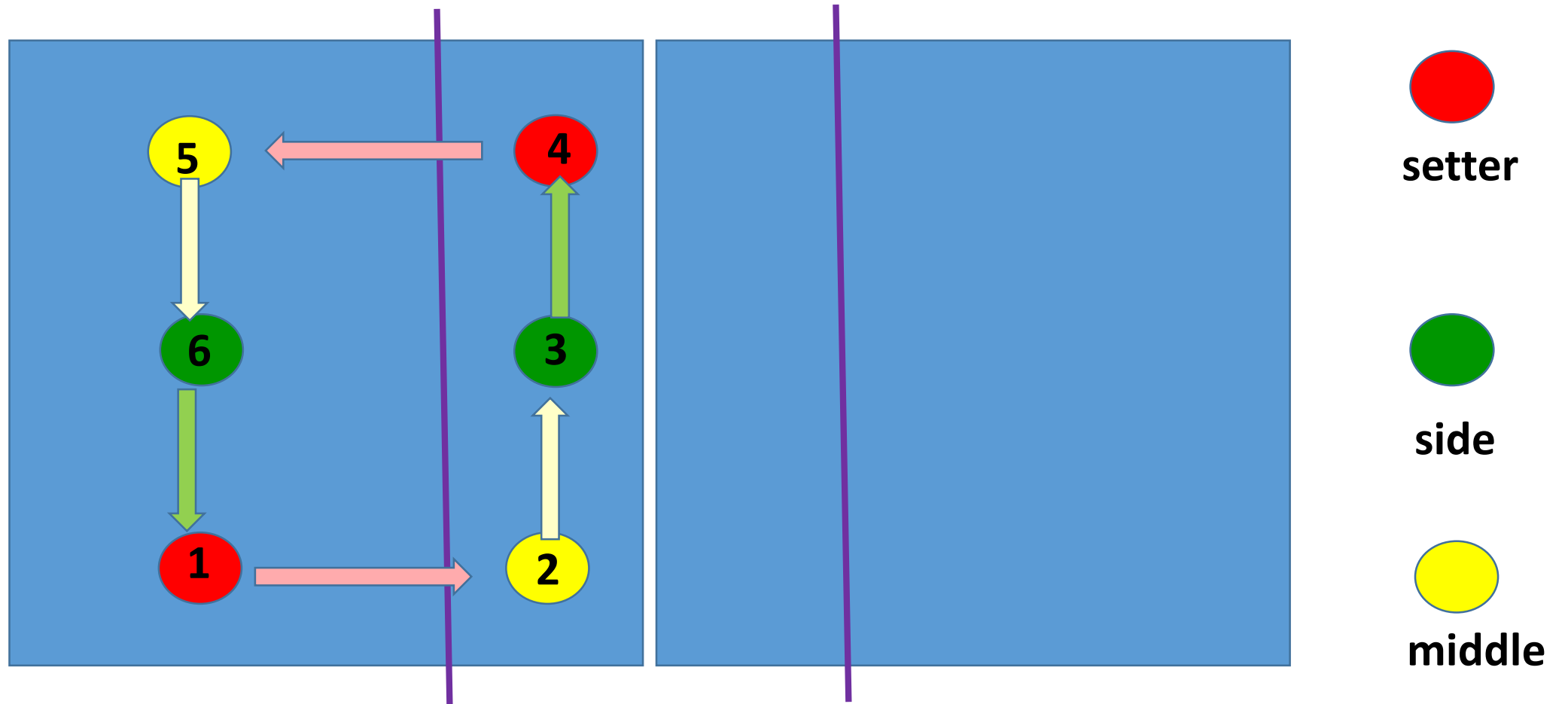
setter

side

middle

Positions – reception
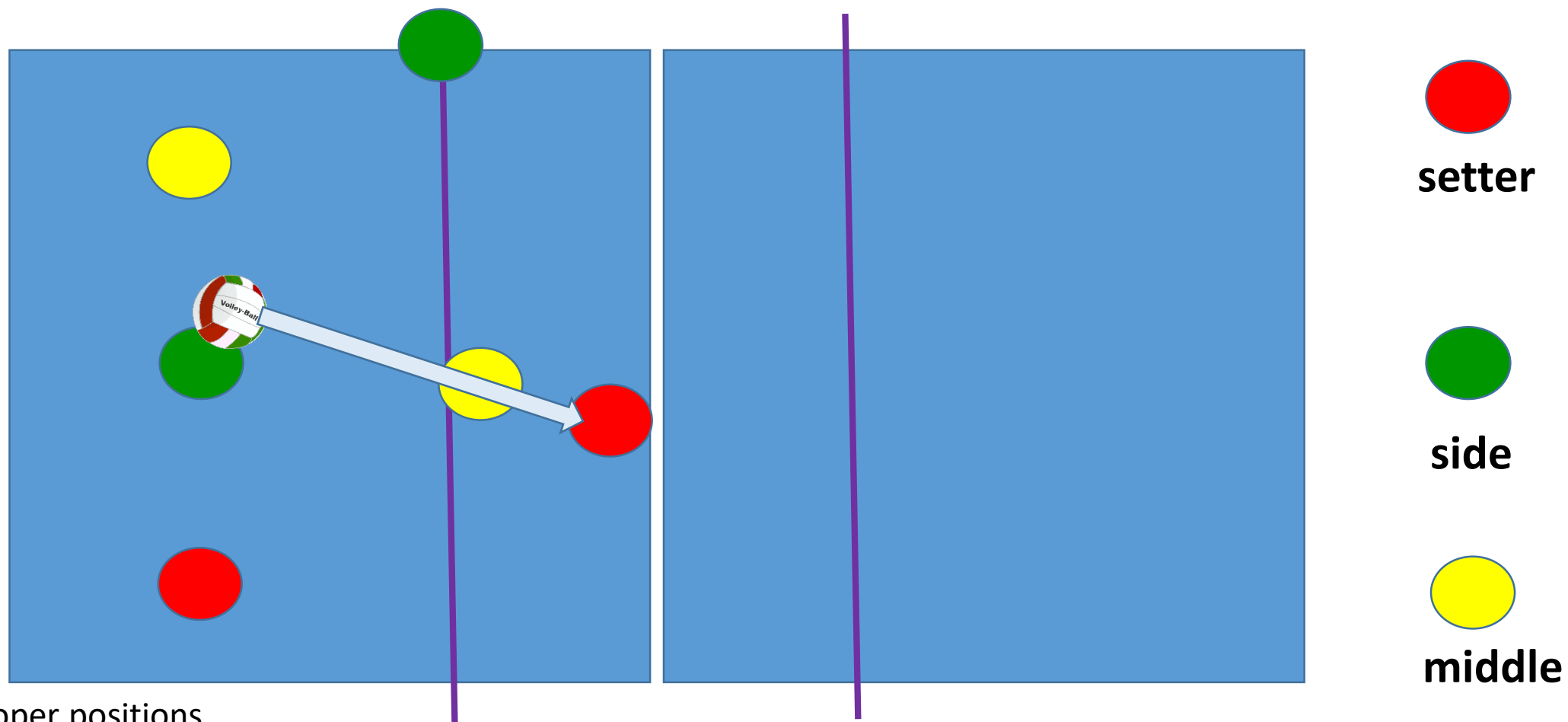
Back line in their proper positions

setter

side

middle

Positions – defence and reception (after first reception of the service)

setter

side

middle

Player in back line goes closer to the net to save the blocked balls
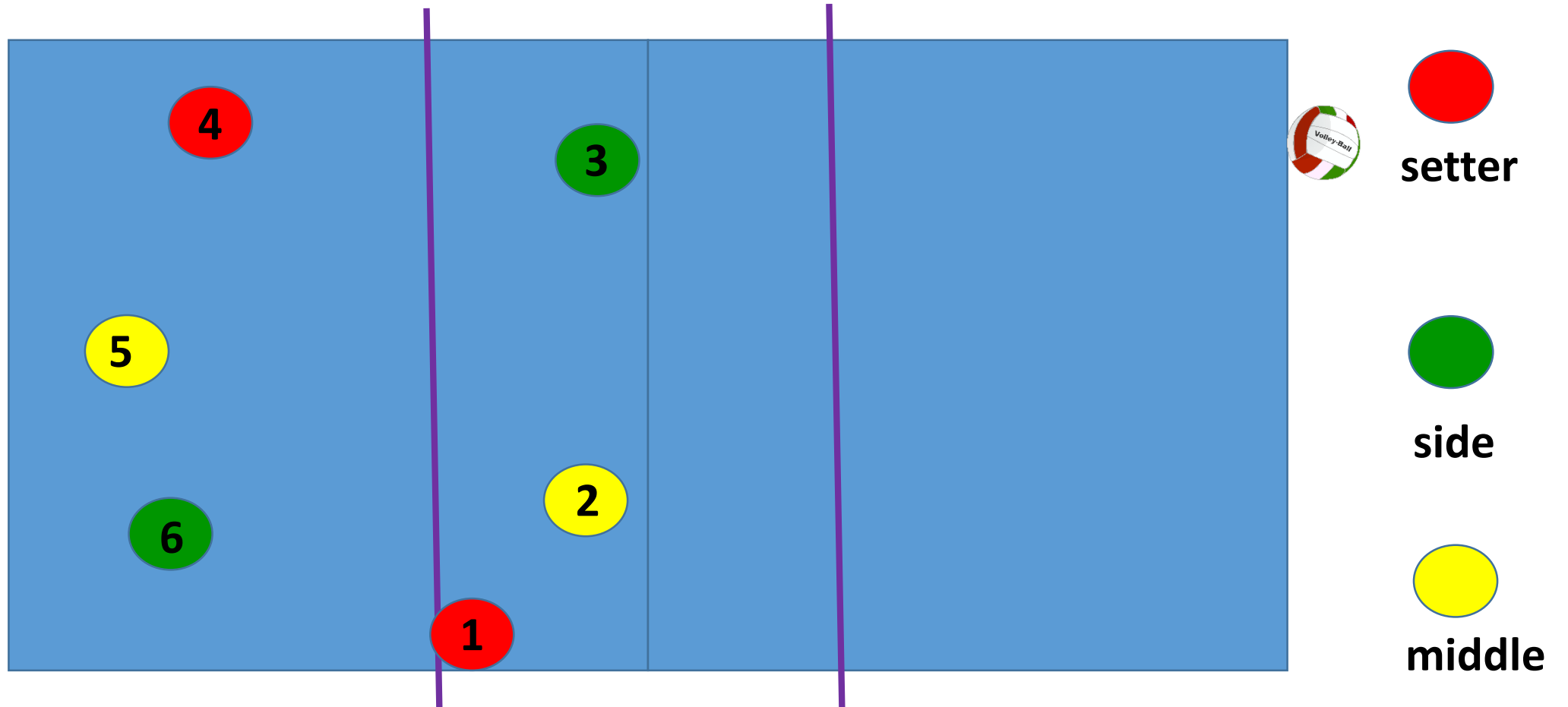
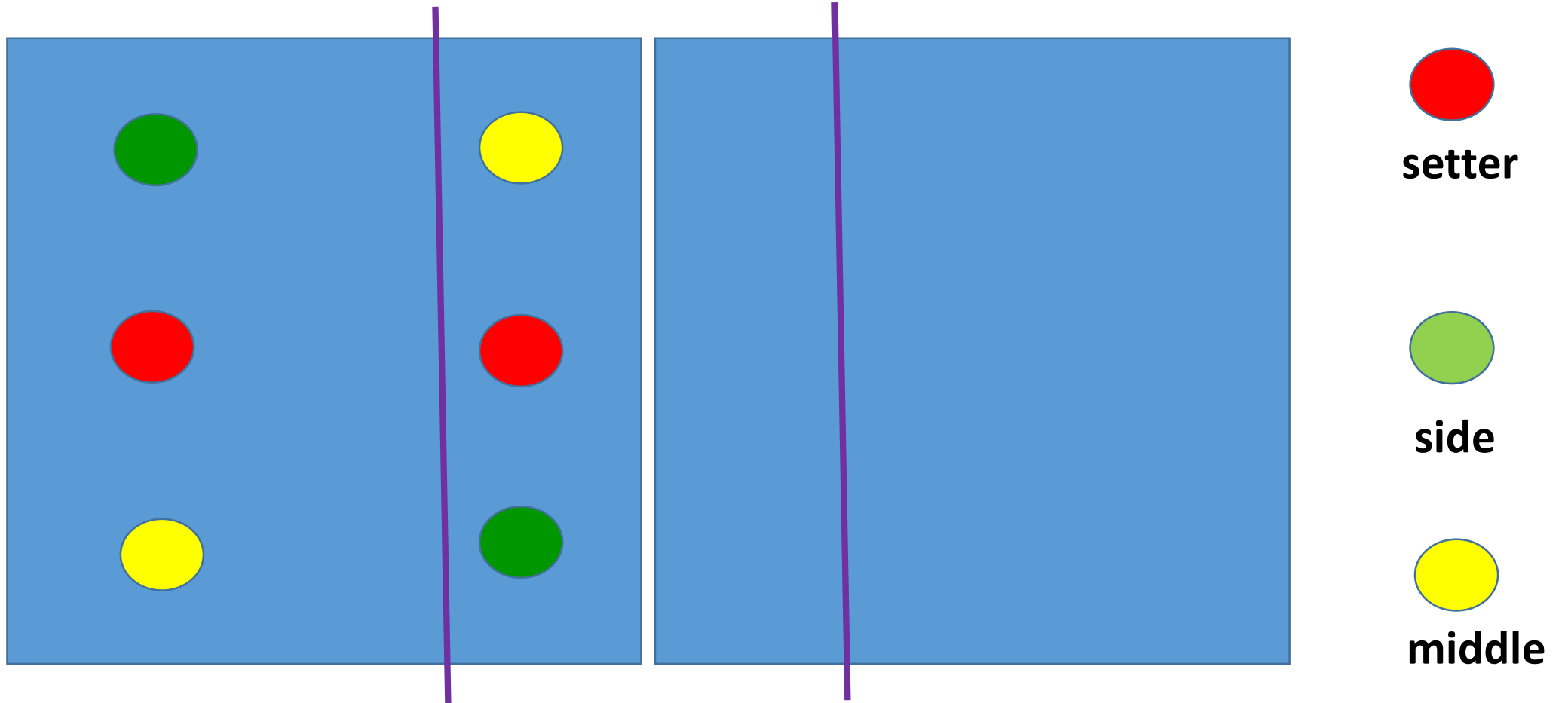# Variant 2

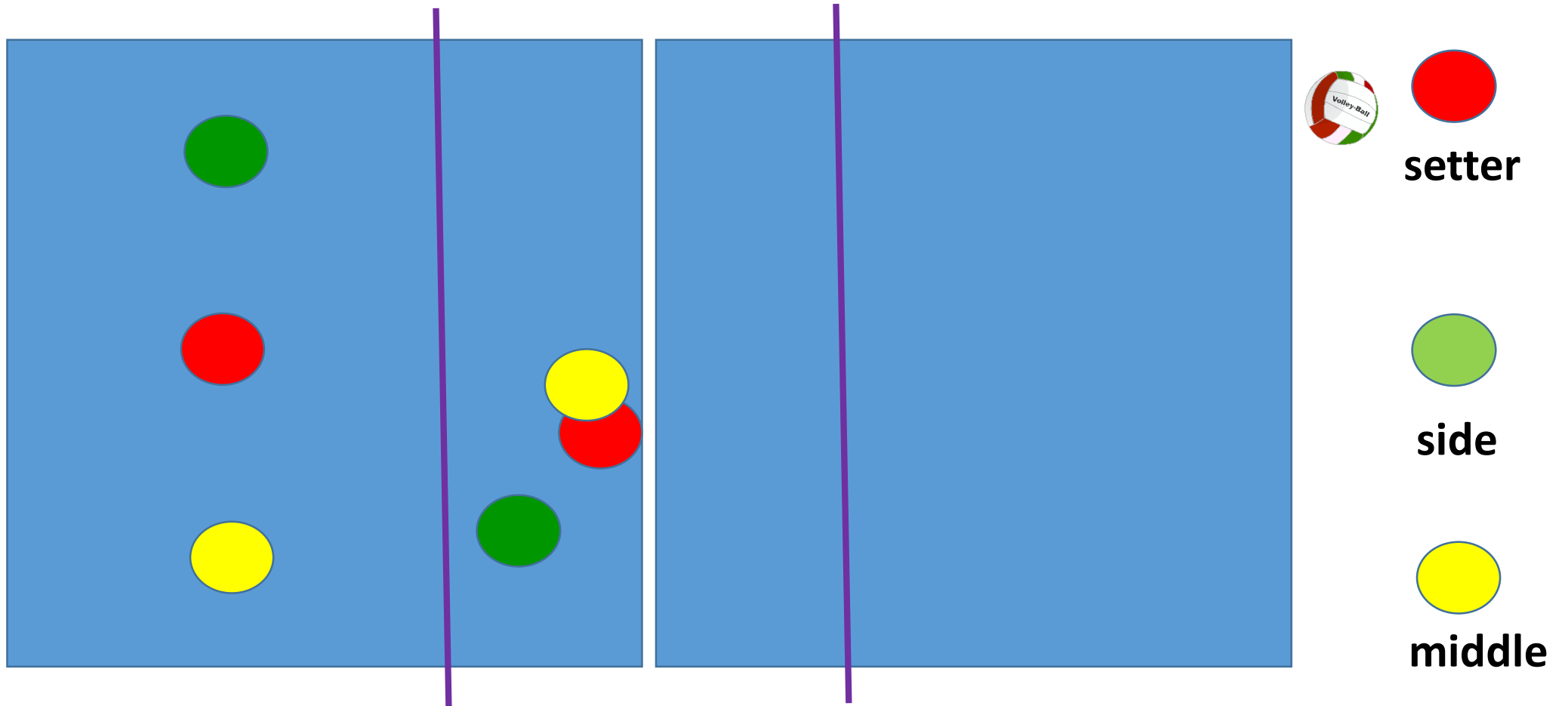
setter

side

middle

Variant 2

setter

side

middle
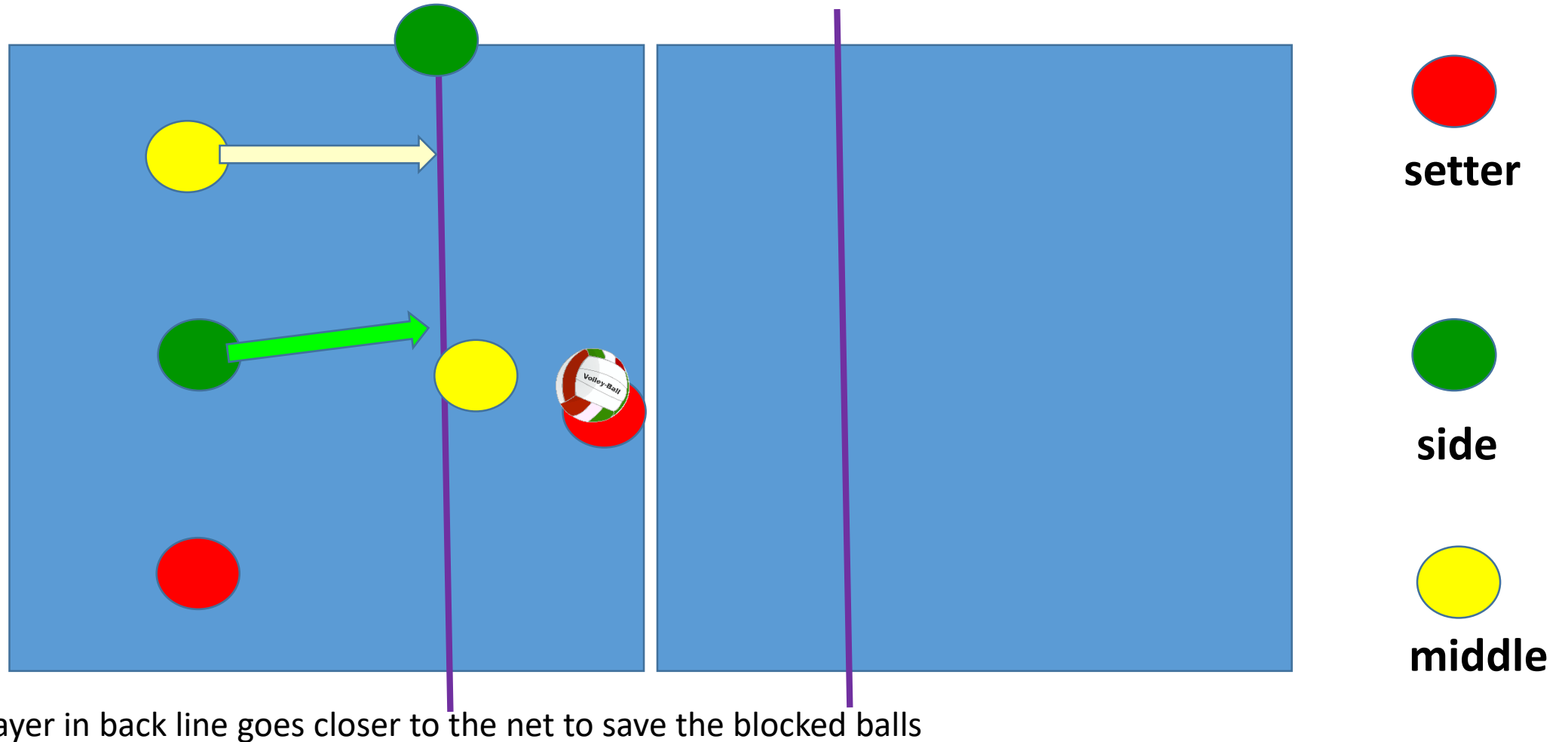
This positioning still fulfils the requirements – 1 behind 2, 4 left from 3, 5 behind 4 and 6 left from 1
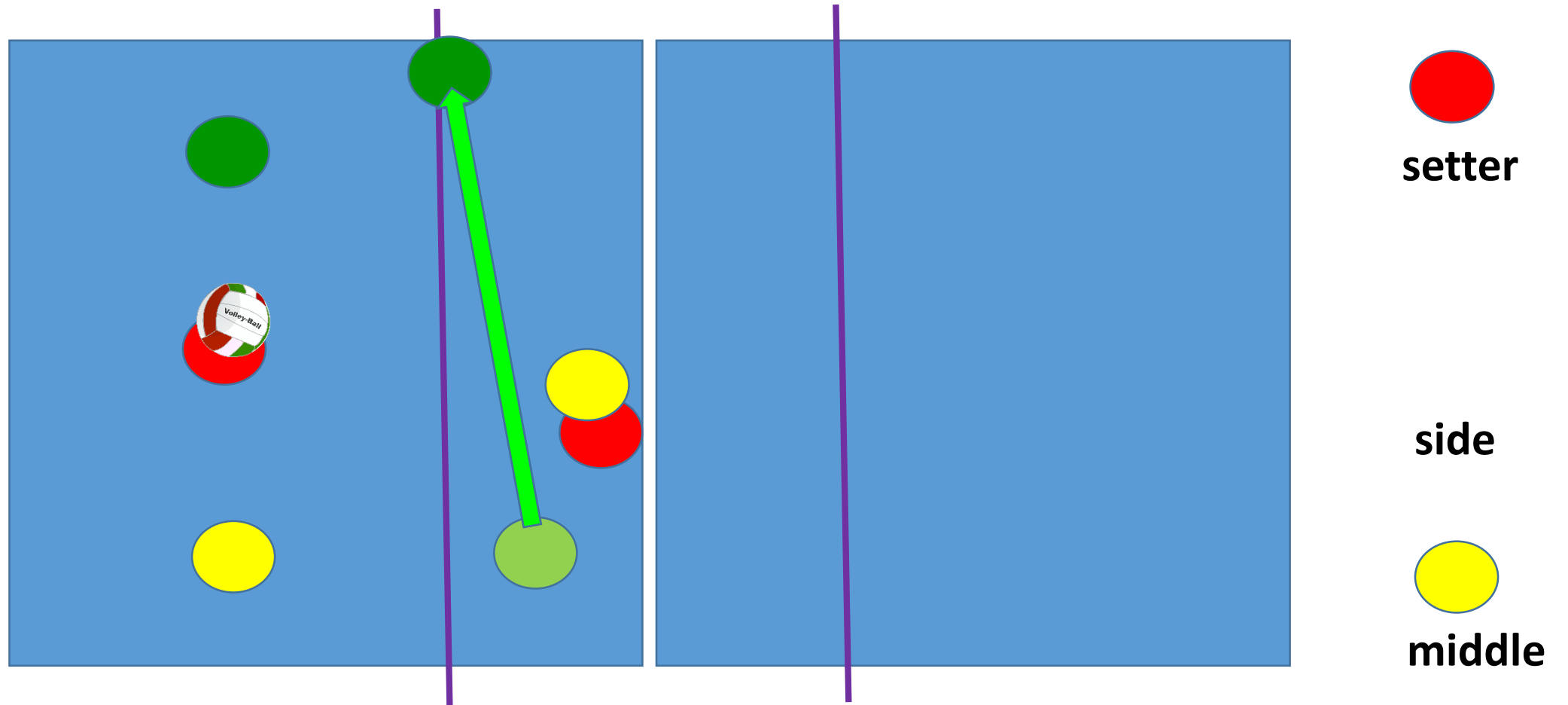1st setting is done by back line setter, than 1 and 4 changes positions

Positions – standard positions

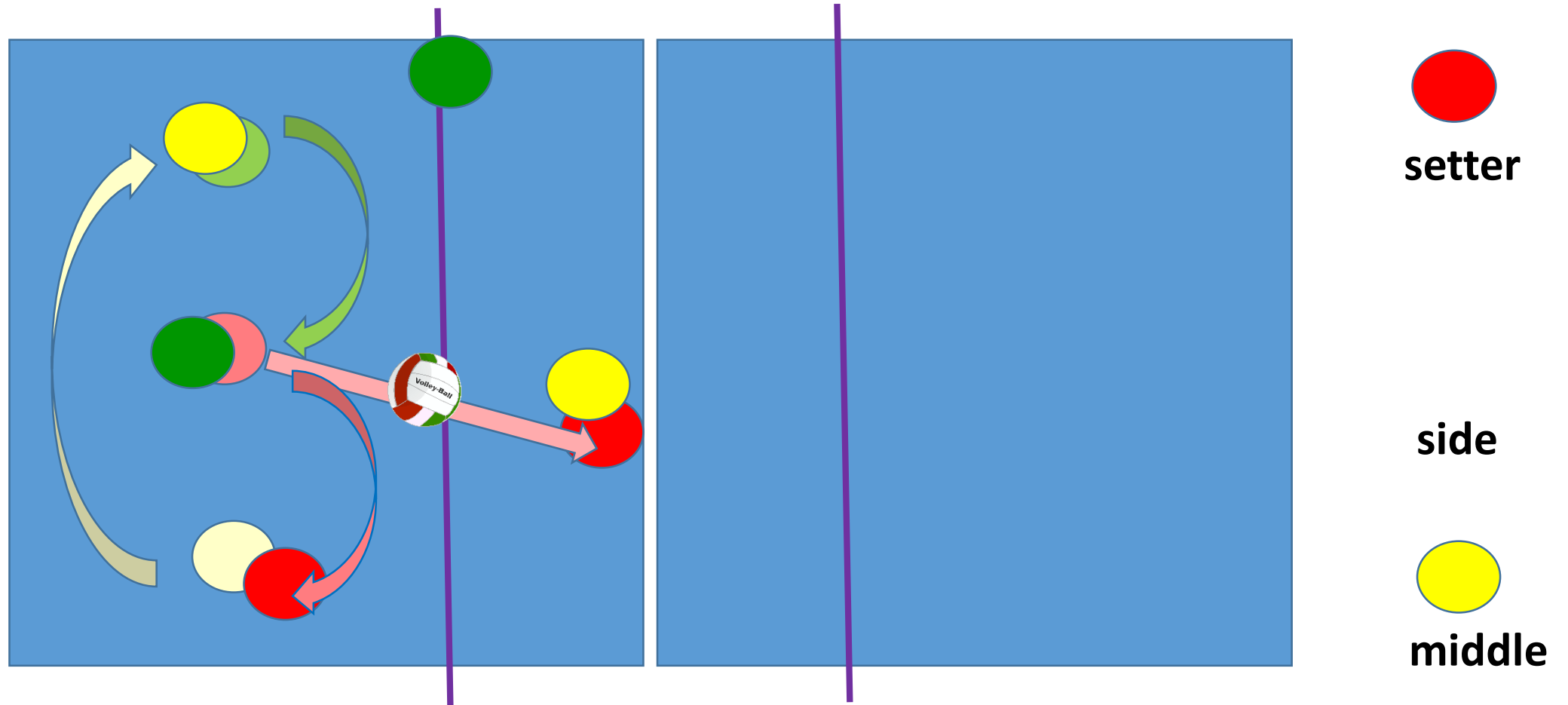Positions – defence and reception (after first reception of the service)

setter

side

middle

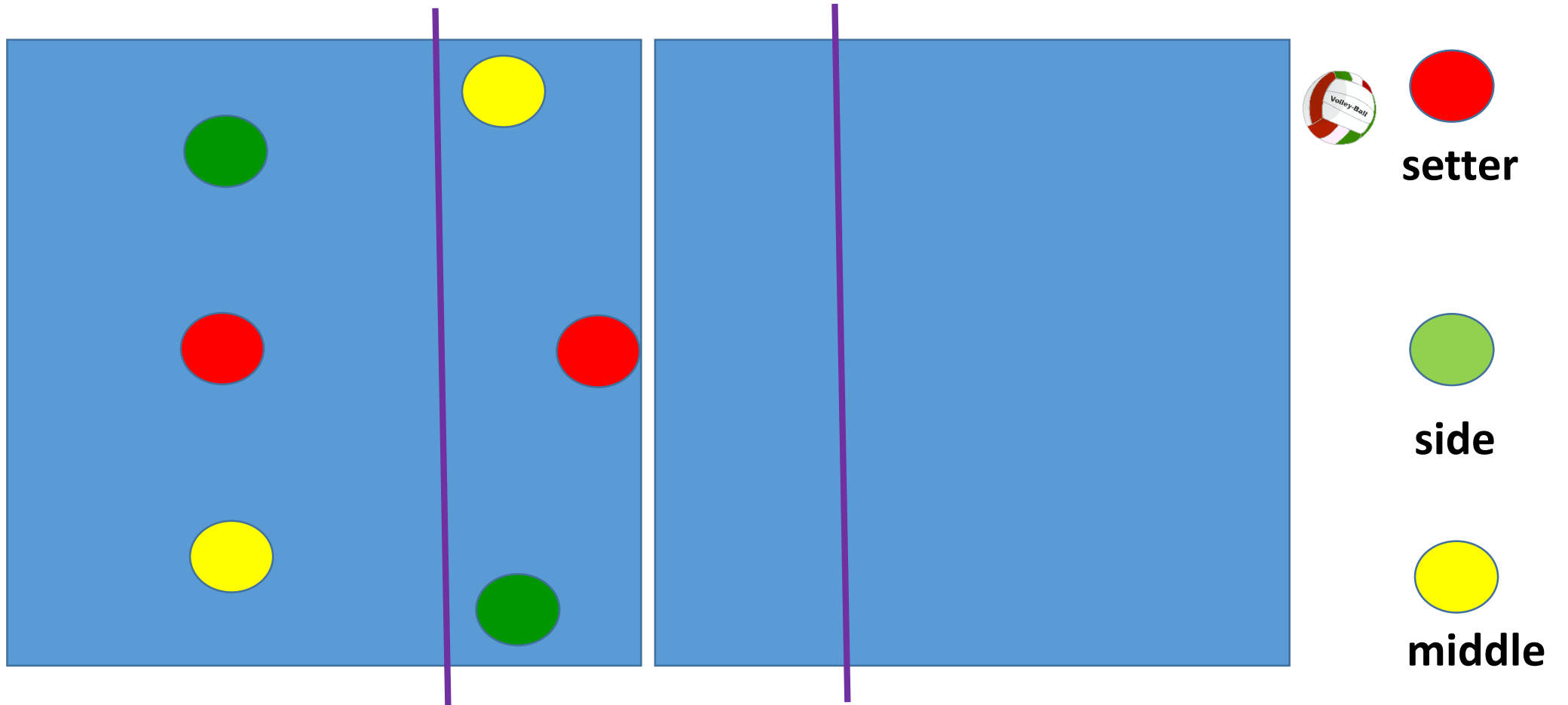# Positions – defence and reception
(after first reception of the service)

setter

side

middle

Positions – defence and reception (after first reception of the service)

setter

side

middle

Disadvantage: too long run for side attacker

Positions – Variant 2

setter

side

middle

First attack is from both sides. The side attacker goes to his position after the first attack.

Any comment and improvement is welcome